

# How do Czech patient evaluate TCM?

Bendova, L. 1st School of TCM, Krizova, E. CESMEZ

Czech Republic

## Introduction:

### AIM

The aim of the survey was to investigate user patterns of Czech population visiting TCM therapists, to identify main health problems motivating them for TCM treatment and to find out their subjective assessment of the TCM therapy.

### BACKGROUND

TCM has been established in former Czechoslovakia in 1990 in the liberal atmosphere of the Velvet revolution. Today, more centres specialised in TCM education, training and practice coexist. The coverage including acupuncture is exclusively private and the public health insurance does not participate in financing the TCM treatments. TCM is not trained at medical schools and the education is organised by private associations and NGOs.

## Method and Research sample

Online address of 30 min questionnaire submitted to clients of TCM by their therapists in anonymous circumstances

data collection February – August 2018

18 qualified TCM therapists members of Czech Chamber of TCM informed their patients of online questionnaires.

### OUR SAMPLE

378 respondents of overall 700 persons informed about the survey by their TCM therapists

58 % of clients of health professionals

24 % of clients of non-health professionals

18 % no answer or did not know

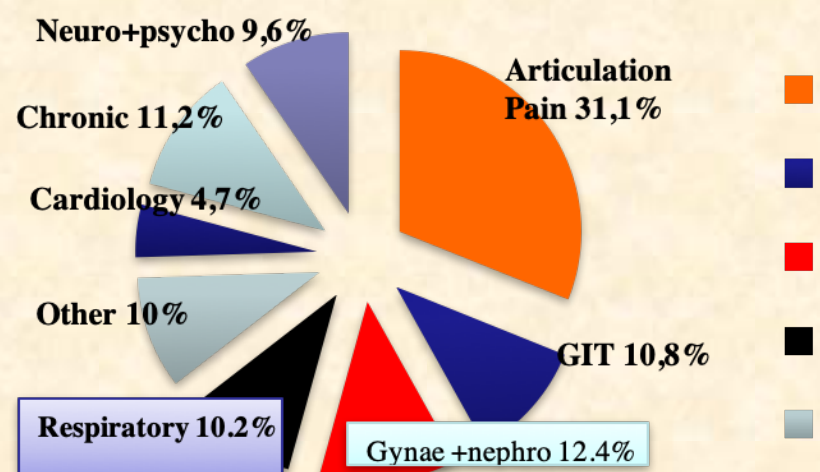
The subjective health status was comparatively similar to the representative survey of the Czech population

71 % females, 28 % males, average age 47 years

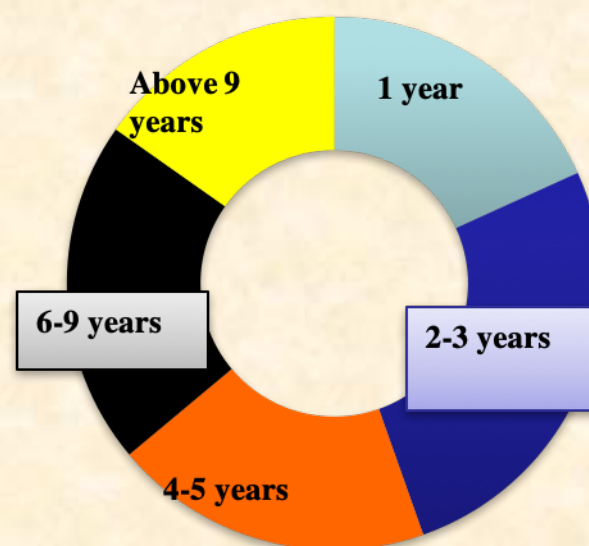
46.5 % with university degree education

40.4% A level/bacaloreate education

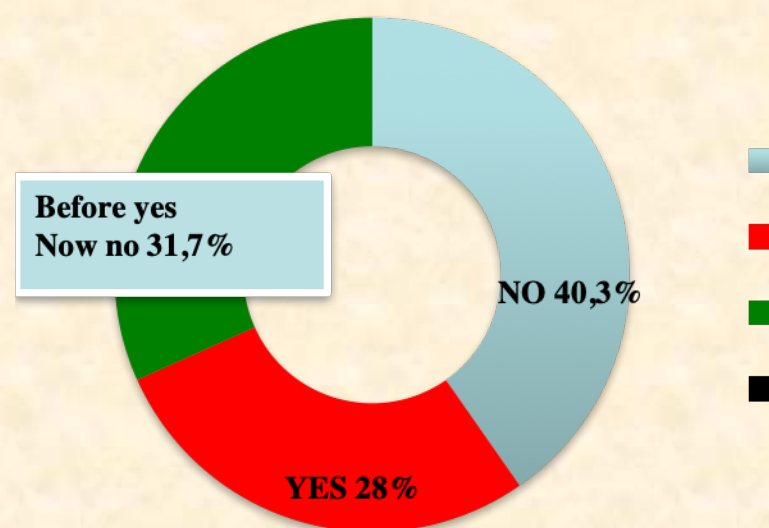
Range of health problems by percentage



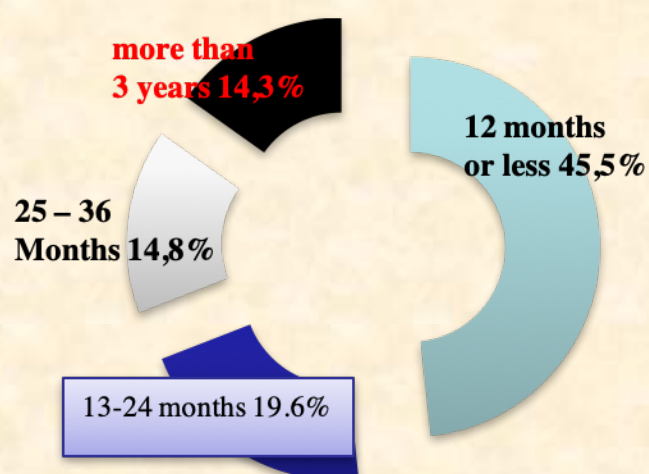
Lengths of health problems duration



Are you also treated by western medicine ?



Length of treatment by TCM



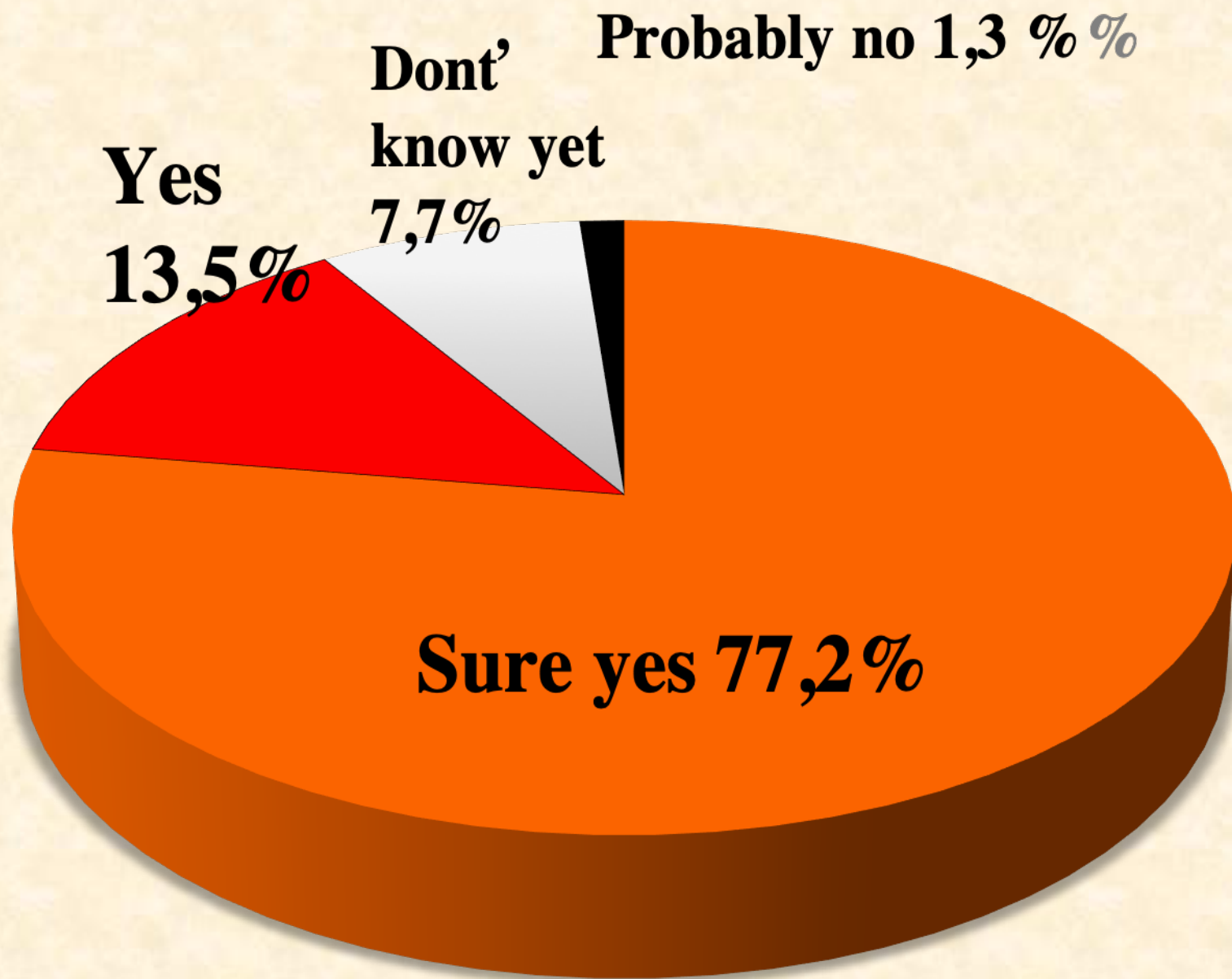
## Conclusions:

Our findings demonstrate that TCM is used to treat a significantly broader scope of health problems than usually supposed and satisfies a large amount of additional psychological and health promotion needs.

## Acknowledgement:

We thank the TCM therapists for their collaboration in the survey and all respondents for providing their answers. The survey has been conducted under auspices of the Center for Medical Sociology (CESMEZ) and Chamber of Czech TCM (CCTCM) All information can be found on [www.tcm.cz](http://www.tcm.cz)

# Did TCM help ?



# Will you continue treatment with TCM ?

